RJ Chambers Reserve, Pakenham

A wonderful walk through a reserve with a rich diversity of flora. Birdlife abounds. You might even spot a lyrebird or echidna along the way. Web link: http://bit.ly/UbRwUj



Brimbank Park Walk, Brimbank





Set in very beautiful and picturesque surroundings, Brimbank Park is home to a diverse range of native flora and fauna. You have to get walking to discover its secrets. Web link: http://bit.ly/SaZWZQ

Buttongrass Walk, Bunyip State Park



A superb walk that winds through woodland and a beautiful wet heathland. Along the way you will encounter a variety of flora including hakeas, wattles, and button grass. Web link http://bit.ly/102NU9c



Plenty Gorge Walk, South Morang



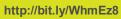
This hidden treasure of native bushland and wetland is home to kangaroos, echidnas, egrets, herons and swans, to name a few. The walk will take you back in time. Web link:



Edwards Point Walk, St Leonards



Combining rare coastal woodlands and a beautiful coastline, this loop walk immerses the walker in natural beauty and a genuine sense of remoteness. Web link:





Jells Park Walk, Wheelers Hill



A very popular and gentle walk that includes beautiful open parkland, lakeside views, abundant birdlife, and lush wetlands. Web link: http://bit.ly/SLA5G9



Heart Foundation Walking is funded nationally by the Medibank Community Fund and the Australian Government. It is also funded by the QLD Government to get more Queenslanders active and the ACT Government through ACT Health.

The Green Walks in the Park program is an initiative of the Heart Foundation and is funded by Parks Victoria with support from Victoria Walks.

www.heartfoundation.org.au/greenwalks

explore your world on foot







Green Walks in the Park



The Green Walks in the Park Program aims to get more people walking more often in local and state parks and bushland reserves.

Get your walking shoes on and explore some of these great walks.

Brought to you by:









!! Green Walks

Here are some great walks to explore. Each walk has a web link that brings you to a full description and detailed map of the walking route.

Peppercorn Park, Epping





This short walk allows you to enjoy a small slice of countryside on your doorstep. At times on this walk it is easy to imagine you are a long way from the city.

Web link: http://bit.ly/TNslml

Main St Reserve, Thomastown





An easy and very accessible walk along the creek, passing by an historic church and an original 1850s farmhouse. There are great picnic spots along the way. Web link:

Kurth Kiln Walk, Kurth Kiln Reserve

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Melbourne

This wonderful loop walk follows the Tomahawk creek both up and down stream. Along the way the walker is immersed in forest flora and gorgeous creek views. Web link: http://bit.ly/102Nsbh

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Eastern Park, Geelong





This walk takes you around Eastern Park and into the Botanic Gardens, along the way there are great harbour vistas, wonderful trees and open play areas. Web link: http://bit.ly/Xv8ZL1





Barwon River Walk, Geelong



This circuit walk gently winds along the Barwon river, allowing you time to soak up the abundant riverside vegetation, birdlife and wetlands. Web link: http://bit.ly/TcHNNw









